**Jumps for the ERSO Holiday Routine (easy)**

|  |  |  |  |
| --- | --- | --- | --- |
| **Block** | **Count** | **Jumps** | **Comment** |
| 1 | 1  and | Speed step right  Speed Step left |  |
| 2  And | Speed step right + side swing right  Speed Step left + criss cross |  |
| 3  And | Speed step right + side swing left  Speed Step left + open |  |
| 4  And | fullturn | “galaxy” |
| 5  And | Side straddle open  Side straddle close |  |
| 6  And | Knee up right  Knee up left |
| 7  And | Easy jump  Double Under | DU always on the Double Clap |
| 8 |  |  |
| 2 | 1  and | Swing  Kick | Right foot |
| 2  And | Knee up  Easy jump |
| 3  And | Swing  Kick | Left foot |
| 4  And | Knee up  Easy jump |
| 5  And | Wrap on right arm 2x |  |
| 6  And | Unwrap on the left side 2x |
| 7  And | Easy jump  Double Under | DU always on the Double Clap |
| 8 |  |  |
| 3 | 1 | Toad |  |
| 2 | Double Under |  |
| 3 | TS |  |
| 4 | Double Under |  |
| 5  And | EB Side swing left  Half turn |  |
| 6  And | Side Swing left  Half turn | right arm on bac |
| 7  And | Side swing left  Double under | DU always on the Double Clap |
| 8 |  |  |
| 4 | 1  and | Side straddle open  Side straddle close |  |
| 2  And | Side straddle open  Side straddle close |  |
| 3  And | Right knee up  Right knee up | “little  Bit” |
| 4  And | Left knee up  Left knee up | “Of com-  Pany” |
| 5  And | Side straddle open  X motion (right leg in front) |  |
| 6  And | Texas Turn |  |
| 7  And | Double Under | DU always on the Double Clap |
| 8 |  |  |
| 5 | 1 | S-S-O Triple Under |  |
| 2 | Easy jump |  |
| 3 | Toad Double under |  |
| 4 | Easy Jump |  |
| 5 | S-Cross-O Triple Under |  |
| 6 | Easy Jump |  |
| 7 | Direction Switch Double under |  |
| 8 | Easy jump backwards |  |
| 6 | 1 | Cross Stop |  |
| 2 | Easy Jump |  |
| 3 | TS Double Under |  |
| 4 | Easy Jump |  |
| 5 | EB Side Swing left  EB Side Swing right (open) | “Yeah-  Yeah |
| 6 | Side Swing right  Side swing left | Yeah-  Yeah- |
| 7 | Texas Turn | Yeaaaaah” |
| 8 | Texas Turn |  |
| 7 | 1 | Slide right with crugar | “you” |
| 2 | Stop in front |  |
| 3 | Backwards fake Double under with kick |  |
| 4 | Backwards easy jump |  |
| 5 | Side cross Double under | “you re |
| 6 | Side open double under | My” |
| 7 | Easy jumps backwards |  |
| 8 | Stop swing in front |  |
| 8 | 1 | S-EB-O Triple |  |
| 2 | Easy jump |  |
| 3 | Cross | “all |
| 4 | Cross switch | Night” |
| 5 | Wrap with turn |  |
| 6 |  |
| 7 |  |
| 8 |  |
| 9 | 1 | EK Triple Under | “You” |
| 2 | Easy Jump |  |
| 3 | Push up in | “moon- |
| 4 | Push up out | Light” |
| 5 | Side Cross Double Under | “You re |
| 6 | Side Open Double under | My” |
| 7 | Slide left (Double Bunce) | starlight |
| 8 |  |
| 10 | 1 | TJ Triple Under | You |
| 2 | Easy Jump |  |
| 3 | Toad right side | “all |
| 4 | Crugar left side | Night” |
| 5 | Stop the Rope in front |  |
| 6 | Turn Left |  |
| 7 |  |  |
| 8 | End Pose |  |